

SOLUTIONS

- UNIT 3 -

4) VARIED LEARNING ACTIVITIES:

A. WRITING ACTIVITIES:

A.1) HEALTHY FOOD & UNHEALTHY FOOD

SOLUTION:

Apple, eggs, olive oil, orange, broccoli, meat (not every day but frequently)

A.3) AN EATING SCHEDULE

SOLUTION:

B Breakfast
Brunch
L Lunch
S Snack
D Dinner

A.4) HOW MUCH SHOULD WE EAT?

SOLUTION:

L Lunch
B Breakfast
D Dinner
S Snack
Brunch

A.5) DESIGNING MY OWN MENU

SOLUTION:

- For example:

Rice (grains) with vegetables (vegetables) and chicken (protein) with salad (vegetable) + 1 apple (fruit) and water.

A.6) TABLE MANNERS

SOLUTION:

- Wash my hands.
- Everybody sitting down and eating
- Drinking while sitting down
- To help setting the table

D. EXTRA ACTIVITIES

D.1) THE HEALTHY BREAKFAST

SOLUTION:

Menu number 2

D.2) CHOOSE THE HEALTHIER MENU

SOLUTION:

Menu letter B

D.3) OBJECTS THAT WE USE ON THE TABLE TO EAT

SOLUTION:

Plates, cutterly, glasses.

D.4) WHAT IS EVERY OBJECT USED FOR?

SOLUTION:

- The cup is for wine.
- The glass is for water.
- The small spoon is for dessert.
- The knife is for slicing food.